number of different projects, including those that provide housing loans and loans to farmers and ranchers who are having difficulty obtaining commercial credit. Over the last seventeen years, she has worked ardently to help 51,450 households and businesses to obtain \$331 million dollars in loan and grant funds for public water and sewer service.

Susan O'Donnell, also an Area Specialist, has been with USDA since 1977 and has done extensive work in the business, multifamily housing and community facility programs across six counties. She is extremely passionate about public service, and plans to continue to working to promote the welfare of others through volunteer work upon retirement

Having performed over 36 years of Federal service, Mary Ellen Polosky has set a laudable example for current and aspiring public servants. While with USDA, she has worked mainly in the Housing Division. She has served in her current capacity for the last 9 years, during which time she has helped numerous individuals living in rural areas to procure loans for home purchases and improvements.

Mr. Speaker, I have had the privilege of working closely with these individuals while serving as the District Director for the late Congressman John Murtha, and can attest that they embody the highest order of integrity and proficiency. We should all be grateful that such exemplary individuals chose to engage full-bore in the effort to secure a prosperous future for rural America. Their work has given hope to countless individuals and businesses in southwestern Pennsylvania. All of us in the Federal Government should attempt to emulate their commendable public service in our own careers.

HONORING THE JEWISH FEDERATION OF SOMERSET, HUNTERDON AND WARREN COUNTIES

HON. RODNEY P. FRELINGHUYSEN

OF NEW JERSEY

IN THE HOUSE OF REPRESENTATIVES Tuesday, November 29, 2011

Mr. FRELINGHUYSEN. Mr. Speaker, I rise today to honor the Jewish Federation of Somerset, Hunterdon and Warren Counties located in Bridgewater Township, Somerset County, New Jersey, on the occasion of its 50th anniversary.

For half a century, the Federation has helped raise funds to coordinate services and help support agencies that touch the lives of Jews in Somerset, Hunterdon and Warren Counties. Through numerous programs, they have not only assisted in funding but have also provided a place for Jews to come together both in their faith and in the spirit of community service. The Federation is the umbrella organization of the area's Jewish community, bringing together agencies, organizations, and communities to support and fulfill the needs of the Jewish people.

The Federation targets those in their twenties through forties with their Young Leadership Division (YLD) that aims to strengthen the Jewish community by focusing on three principles: "Live Jewishly. Live Socially. Live Generously." YLD encourages involvement in the Jewish community and provides members with opportunities to not only socialize within their faith but to join together to help others.

The Women's Philanthropy Division is a program that educates and engages women to be active in their religious community. These women work to support those in need locally, in Israel, and around the world through numerous events and fundraisers.

In an effort to aid local businesses, the Federation holds several events throughout the year for the business community to build valuable, lasting relationships. With the understanding that the success of a business is dendent on its visibility and connections within a community, the Federation gives them the boost they need to establish their credibility.

In addition to the programs the Federation offers, it also hosts mission trips overseas to Israel and other countries in an effort to show the history, status and future of Jewish People

The Federation is a resource of information for anything from educational organizations to social services. No matter the needs or the issues, the Jewish Federation of Somerset, Hunterdon and Warren Counties, continues to work to address them.

Mr. Speaker, I task you and my colleagues to join me in congratulating the Jewish Federation of Somerset, Hunterdon and Warren Counties on 50 years of dedicated service.

HONORING FRED BIRCHMORE

HON. PAUL C. BROUN

OF GEORGIA

IN THE HOUSE OF REPRESENTATIVES Tuesday, November 29, 2011

Mr. BROUN of Georgia. Mr. Speaker, I rise today to honor and celebrate the 100th birthday of one of the 10th Congressional District's most impressive and dedicated constituents, Mr. Fred Birchmore. Renowned for his roundthe-world cycling trips, Birchmore has biked tens of thousands of miles worldwide on a one-speed 42-pound Reinhardt that now sits in the Smithsonian's National Museum of American History. His travels have taken him 25,000 miles across Europe, and through Africa, the far Middle East, Southeast Asia, Latin America, and 2,000 miles along the United States Appalachian Trail. He's traversed deserts, jungles, beaches and warzones, even once crossing paths with Adolf Hitler. Birchmore's adventures on his trusted bike opened his eyes to not only new horizons, but new cultures, peoples, and ways of life that enriched his own in many aspects.

Even more than a sportsman, Fred is a decorated World War II war hero, a loving father of four and has been a devoted husband to Willa Deane Birchmore for 72 years now. His eight grandchildren and six great-grandchildren know him to be an adventurer, an intellectual, and an all around outstanding man and role model.

Birchmore is a graduate of the University of Georgia and was a personal friend of the late Larry Munson. He carried the Olympic Torch under the Arch in the Classic City, takes great pride in his possession of the sword of Colonel Sanford who is the namesake of UGA's Sanford Stadium, and still remains a faithful community servant to Athens-Clarke County today.

I am honored to be able to wish Mr. Birchmore a happy 100th birthday on behalf of the United States Congress, and I am pleased

to have the opportunity to shed light on a life that has been so filled with adventure, hard work, passion, and love for family, friends, community, and country. Happy Birthday Fred and may you continue to set an example for all those who love and admire you for many more years to come.

NATIONAL LUNG CANCER AWARENESS MONTH

HON. VERN BUCHANAN

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

Tuesday, November 29, 2011

Mr. BUCHANAN. Mr. Speaker, November is National Lung Cancer Awareness Month. This month is dedicated to raising awareness of lung cancer issues for people who have been affected across the country.

Lung cancer is the leading cause of cancerrelated deaths in both men and women in the United States, claiming more lives each year than breast, prostate, colon, and kidney cancers combined. In fact, sadly one in fourteen Americans will be diagnosed with cancer of the lung and bronchus during their lifetime.

According to the American Lung Association, over 370,000 men and women in the U.S. are currently living with lung cancer. In Florida, an estimated 17,000 people were diagnosed with lung cancer just this past year.

While there are few early symptoms of lung cancer, treatment is available through surgery, chemotherapy, and radiation. Unfortunately, only 15 percent of people who develop the disease will live more than 5 years. A need still exists for further advancement in the detection and treatment of lung cancer.

Lung Cancer Awareness Month brings much-needed attention to a deadly disease. I hope in the years to come we can make advancements in detection and treatment of this deadly form of cancer.

HONORING FRANK KAMENY

HON. ELEANOR HOLMES NORTON

OF THE DISTRICT OF COLUMBIA
IN THE HOUSE OF REPRESENTATIVES
Tuesday, November 29, 2011

Ms. NORTON. Mr. Speaker, before he died, Frank Kameny had already won a place reserved for Americans who make personal sacrifices for human rights. There can be no doubt that Frank's pioneering sacrifices for the lesbian, gay, bisexual, transgender, LGBT, community place him alongside the nation's human rights heroes. What exactly did Frank do? At a time when it was unthinkable, Frank refused to suppress who he was to keep his job with the Federal Government. A World War II veteran with a Harvard Ph.D., Frank had everything going for him except, of course, his identity and, thus, his legitimacy. It was being forced out, not coming out, that was the issue, and Frank took his dismissal from the federal service (for which he later received an apology) as a badge of honor. As we in the Civil Rights Movement began wearing our hair natural, i.e., nappy, to show that "black is beautiful," Frank coined "gay is good.'

But it was Frank's lonely act of defiance, without reward, that sets him apart. Frank no